

# HEART OF SOUTH JERSEY

## Resource Central

APRIL 2018

VOL 7, ISSUE 10

### GET ORGANIZED!

This month, Heart SJ and Partners in Transition are co-sponsoring two excellent workshops on Decluttering (for your house and your mind). We thought it would be a good time to bring you some pro tips.

In 10 Organizing Hacks You Can Do in 15 Minutes or Less, parents.com recommends that you curate all of your digital recipes in one place by using the Paprika app (\$5).



Another great idea is to create a kit of staples you need for the pantry, bathroom, etc., and keep it on your phone so it's always with you—check out the Grocery IQ app (free).

Top 10 Organizing Tips You Need to Try from HGTV

recommends using over the door hanging shoe organizers for organizing all kinds of bits and pieces, from hats and gloves in the entry way, to nuts and bolts in the garage.

Store plastic grocery bags in an empty tissue box (or even in a pretty box cover).

House Beautiful suggests using zip ties in the loops of utensils. It creates a way to hang all of

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### HOUSING FOR VETERAN FAMILIES AND COUPLES

In September 2018, Camp Salute is scheduled to be fully operational with residents.

According to People for People President, Bernadette Blackstock, "Things are moving right along and after our Application Day event, we have a majority of the one bedroom unit

apartments accounted for. Now is the hard part---finding families and couples for the two and three bedroom units."

The Camp Salute apartment complex includes: five (5) apartments dedicated to homeless Veterans, 19 apartments dedicated to disabled veterans and 51



apartments, designated veteran preference.

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# Life Skills Institute Classes

## Simplify, Organize and Declutter Your Home

Have you ever felt like the walls in your house were beginning to close in because you have too much “stuff”? Have you ever held onto items just because “someone might need it”? Why are you holding on to useless things that take up space and your time? If you don’t absolutely love it, then “leaving it” is a good thing to do! Come to this workshop to learn life-changing tips about how to declutter your stuff and make your life more organized, serene and peaceful. We will also touch upon the basics of Feng Shui which can help you manage your life with prosperity, relationships, health and career.

**Date:** Wednesday, April 4

**Time:** 6:00—9:00 pm

Presented by **Loretta Anthony**, Executive Assistant to VP of Student Services, RCGC



## Advanced Computers

Need to learn new tricks or freshen up old skills? This 40 hour workshop will transform the intermediate computer user into an advanced user in just 8 sessions! Microsoft Word, Excel, and Power Point will be covered.

**Dates:** Fridays, April 6, 13, 20, 27, and May 4, 11, 18, 25

**Time:** 9:30 am—3:30 pm

Presented by **Amy Charlesworth**, Case Manager Assistant, PIT

## Declutter Your Life: Time, Mind and Emotional Management

In order to successfully maintain a “clutter free” life we must first improve time management skills, change unhelpful thought patterns, and learn how to effectively communicate our feelings. In this workshop, we will examine the unhelpful thinking patterns and mental and emotional habits that cycle us into procrastination, ineffective use of our time, and poor communication — all resulting in stress and anxiety.

**Date:** Wed., April 11

**Time:** 6:00-9:00 pm

Presented by **Jessica Jolly**, Associate Professor, Psychology, RCGC

## Power Point for Professional, Business and Social Projects

Have you ever had to give a presentation for work, school, or a social organization? Have you ever wanted to make a Power Point for personal use, such as to create a slideshow of pictures for a family gathering? In this workshop, you will learn how to use Power Point to create lively presentations for any event, including business presentations, school projects, and community events.

**Date:** Wed., April 16

**Time:** 6:00-9:00 pm

Presented by **Lauri Kuder**, Microsoft Office Master

**Registration for these workshops is MANDATORY**  
Workshops are held at:  
**Rowan College at Gloucester County**  
**1400 Tanyard Road, Sewell, NJ 08080**

Register by calling:  
People in Transition  
856-415-2222  
or email [peopleintransition@rcgc.edu](mailto:peopleintransition@rcgc.edu)

## MOBILE AMERICAN JOB CENTER

In case you missed the announcement on our Facebook page, you should know that the Gloucester County Workforce Development is now utilizing the Mobile American job Center, which will

automatically send out text messages on new businesses, hiring events and updated information on current job openings in the county and region. To subscribe to text updates, text Gloucester to 56512.



# above & beyond the call

## APRIL ABC—TOM VEEVERS, SR.

Our “Above and Beyond the Call” (ABC) for April, **Tom Veevers, Sr.** is a man who truly lives by the Rotary motto, “Service Above Self.” Starting his relationship with Rotary in 1980, he is more active today than ever before. His worldwide reputation within Rotary International is stellar.

Tom recently retired as a Senior Regional Vice President for Ohio National Financial Services for the tri-state area. During his career he earned the designations of Chartered Life Underwriter (CLU) and Chartered Financial Consultant (ChFC) and held six securities licenses with FINRA. He is Past President of the South Jersey Chapter of the Society of Financial Services Professionals. Tom is a graduate of Rutgers University and a Navy Veteran. He held multiple positions within Rotary from Club President to District Governor and currently serves as District 7640 Ambassador for the ShelterBox program.

Where Tom’s heart really beats the loudest is for Rotary’s goal of ridding the world of Polio. Tom has traveled the world to immunize children against Polio, often paying his own way to help eradicate this terrible disease. He has formed



and led National Immunization Days (NID) teams, bringing Rotary Volunteers together to travel with him to help with the mission.

In January 2006 Tom led 25 Rotary volunteers to travel to Agra, India to immunize children against Polio, as part of one of three international teams that assisted in immunizing 75 million children on that date. In November, 2007 Tom led 15 Rotarians from South Jersey to Abuja, Nigeria as well as leading another 11 Rotarians to Mathura, India in 2009. In 2011 Tom led another immunization team of 23 individuals to Moradabad, India. But he was not done. He also led a team of 16 individuals to Ghaziabad, India in 2014 to immunize more children. He also visited Porto Alegre, Brazil to celebrate the

successful conclusion of their mobile mammography bus. Tom just returned in March 2018 from his latest trip where he and his team of 18 immunized hundreds of children from Amritsar, India. On this last trip Tom was introduced to the Dalila Lama in recognition of all his work with children and fighting Polio. (See Photo) This photo is so forceful because it shows admiration and respect between two great men.

Tom has received numerous awards both locally and internationally. In 2008 Tom was awarded Rotary International’s “Service Above Self” Award, Rotary’s highest honor. In 2014 Tom also received Rotary’s Citation for Meritorious Service and will be receiving the “Regional Service Award for a Polio-Free World” in 2018. Married for 45 years to wife Barbara, also a Rotarian, you can say that Tom puts his energy where his heart is.

We at People for People and the Heart are honored to be able to call this truly wonderful and caring man our friend. Thank you Tom.

*Contributed by Paul Blackstock*

## PARENTING TIPS

(cont. from page 1)



your different sized implements on any rack. Another kitchen hack is to add a hanging clip rack—you can display snack size packages and your kids (or husband) won't be rooting around in your newly organized closet!

58 Best Organizing Tips and Ideas From 24 Top Professional Organizers has some of the most creative ideas we've seen.

One is an app called "snippet" that allows you to store templates for text you type often. Another expert suggestion is to file paperwork vertically rather than horizontally, for more visibility. Set a timer for 10 minutes and sort the clothes you no longer want. You could use the timer method for just about anything you find hard to do in big doses—you'd be surprised at how quickly smaller chunks of time can add up.

Organizing expert Ann Sullivan says we wear 20% of our clothing 80% of the time—so why not purge some of the

lesser worn outfits?

Use a Lazy Susan in the fridge to see items that wind up hiding in the back of the fridge (olives, pickles, that specialty mustard or jam).

Woman's Day recommends storing all of your cleaning supplies in a caddy that you can tote from room to room. Instead of storing recipes, pin them to a Pinterest board. Photograph your favorite menus and store them on your phone.

And finally—use more hooks!

## Veterans' Housing

(cont. from page 1)

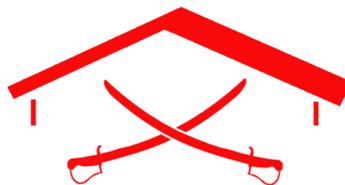
For a full application package visit: <http://bit.ly/Campsalute>.

Applications will be accepted by mail or in person at the interim Camp Salute leasing office located at Millstream Apartments, [241 Blackwood-Barnsboro Road, Turnersville, NJ 08012](#).

The interim leasing office hours are Monday, Tuesday, Thursday and Friday 9 am - 5

### CAMP SALUTE

pm.



A COMMUNITY OF VETERANS

pm. Wednesdays 9 am - 7 pm and Saturdays 9 am - 1

All applications must be filled out completely and you must provide a copy of your DD 214. There is a prescreen process that includes a criminal and credit background check and verification of landlord references and there is a required security deposit is due at the time of your interview.

### HSJ Collaborators

People for People Foundation  
The Center for People in Transition  
Center for Family Services  
Senior Corp  
Clayton Public Schools

### CONTACT US

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*Funding provided by:*

